

# TRI-COUNTY OPPORTUNITIES COUNCIL

Community Action Agency



Serving the 9 Counties of Bureau, Carroll, LaSalle, Lee, Marshall, Ogle, Putnam, Stark, and Whiteside Illinois

# RESOURCE BOOK

# Whiteside County

Tri-County Opportunities Council

405 Emmons Avenue

P.O. Box 610

Rock Falls, IL 61071

PH: 815/625-7830

TOLL FREE: 1-800-323-5434

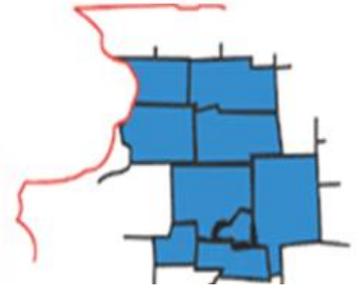
[www.tcohelps.org](http://www.tcohelps.org)

*Building opportunities to transform communities.*



# Tri-County Opportunities Council

## *Mission Statement*



*Tri-County Opportunities Council will investigate the impact of poverty throughout our nine county service area and will work, in partnership with individuals, families and communities to provide opportunities that supports movement towards stability and self-sufficiency.*

### **Community Services Block Grant Program (CSBG)**

- Provides comprehensive needs assessments, information and referrals and numerous case management programs to eligible customers to obtain self-sufficiency for employment, youth, education, housing, medical, and emergency needs.
- Offers various housing programs to those facing homelessness or on the verge of becoming homeless. In addition, case management is provided to ensure housing is affordable and sustained to prevent future homelessness.
- Annually awards educational scholarships to income-eligible service area residents attending an Illinois institution of higher learning.
- Bureau County Food Pantry – provides food to meet meal gaps to families residing in Bureau County.

### **Foster Grandparent Program**

- Provides meaningful volunteer opportunities for those in the lower income range who are 55 years old and older.
- Offers supportive person-to-person services to at-risk children with special or exceptional needs in reading, math, spelling, art and other constructive projects.

### **Head Start/Early Head Start Program**

- The EHS/HS programs are federal programs that provides comprehensive early childhood education, health, nutrition, and parent engagement services to children from birth to 5 years of age, expectant mothers, and their families.
- The program's services and resources are designed to foster stable family relationships, heighten family resiliency, enhance children's physical and emotional well-being, and establish an environment to develop skills toward school readiness and a love of life-long learning.
- Families must meet the eligibility criteria established by the federal government.

## **Low-Income Energy Assistance (LIHEAP)**

- LIHEAP – makes a one-time payment to the utility company, bills must be in the name of the person applying.
- LIHEAP Furnace Program – Repair or replace furnaces to homeowners who are current on their mortgage and taxes and be within the LIHEAP guidelines.
- PIPP – The Percentage of Income Payment Plan (PIPP) is designed to help client’s pay their own bill with a manageable budget bill. Eligibility for this program included being within the LIHEAP guidelines and must have a participating utility company, such as, Ameren, Com-Ed, and Nicor.
- Com-Ed Hardship – helps households that may be having a hardship crisis situation. Income guidelines are 200% of poverty level.
- Neighbor to Neighbor – helps households with utility assistance. Income guidelines are 300% of poverty level.

## **Illinois Home Weatherization Program**

- Make homes more energy efficient, provide safe heating equipment, if needed, replace furnace, and provide clients with safety equipment.

## **Rental Housing**

- Provides decent, safe and affordable housing to low-income clients.

## **TRI-COUNTY OPPORTUNITIES COUNCIL OFFICES:**

### Main Office

405 Emmons Avenue  
Rock Falls, IL 61071  
PH: 815-625-7830  
PH: 1-800-323-5434

### LaSalle Office

308 N. 30th Road  
LaSalle, IL 61301  
CSBG: 815-224-0028  
CSBG: 815-224-3939  
LIHEAP: 815-223-2333  
HEAD START: 815-224-2533  
HEAD START: 815-220-1602  
HEAD START: 815-220-1603

### Princeton Office

1019 N. Main Street  
Princeton, IL 61356  
Food Pantry/CSBG: 815-875-6064  
LIHEAP: 815-879-6035

### Office Hours

8:00 a.m. – 4:30 p.m.  
Monday-Friday

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## BASIC NEEDS

### **Bear Necessities – Personal Care Pantry**

Rock Falls United Methodist Church  
210 4<sup>th</sup> Avenue  
Rock Falls, IL 61071  
PH: (815)625-0114

[www.rockfallsumc.org/bear-necessities](http://www.rockfallsumc.org/bear-necessities)

*Assists individuals who need personal care items. Open the 3<sup>rd</sup> Saturday of each month; 10:00 a.m. – 12:00 p.m. Must show SNAP card and ID to be eligible.*

### **Emporium Thrift Center**

115 W. 3<sup>rd</sup> Street  
Sterling, IL 61081  
PH: (815)535-0368

*Provides clothing and household items at low prices. Monday, Tuesday, Thursday, Friday, Saturday, 9:00 a.m. – 4:00 p.m.; Closed - Wednesday and Sunday.*

### **Good Neighbors**

St. Paul Lutheran Church  
1701 16<sup>th</sup> Avenue  
Sterling, IL 61081  
PH: (815)625-5111

*Offers assistance to individuals in need. Tuesday – Thursday, 9:00 – 11:30 a.m.*

### **Hope Life Center**

2323 E. Lincolnway Suite A  
Sterling, IL 61081  
PH: (815)625-5300  
[www.hlcil.org](http://www.hlcil.org)

*Offers pregnancy resources for the Sauk Valley area.*

### **CLS Thrift Store**

607 First Avenue  
Rock Falls, IL 61071  
PH: (815)625-0517

*Tuesday - Saturday 9:00 a.m. – 4:00 p.m. Provides clothing and household items at low prices.*

### **Gianna's House**

700 10<sup>th</sup> Avenue  
Rock Falls, IL 61071  
PH: (815)625-6520

*Offers pregnancy resources. Monday, 12:00 – 3:00 p.m.; Wednesday, 5:00 – 8:00 p.m.; Saturday 9:00 a.m. – 12:00 p.m.*

### **Goodwill**

2216 E. Lincolnway  
Sterling, IL 61081  
PH: (815)625-1740

*Provides low cost clothing, household items, furniture and miscellaneous items. Monday-Friday 9:00 a.m. – 8:00 p.m.; Saturday 9:00 a.m. – 7:00 p.m.; Sunday 10:00 a.m. – 6:00 p.m.*

### **Illinois Department of Human Services**

2605 Woodlawn Rd #4  
Sterling, IL 61081  
PH: (815)632-4045  
[www.dhs.state.il.us](http://www.dhs.state.il.us)

*Receives applications for TANF, SNAP, and Medical Health. Monday – Friday, 8:30 a.m. – 5:00 p.m.*

**Leydig Center**

1107 Warp Road  
Dixon, IL 61021  
PH: (815)284-7772

*Offers used clothing and household items at a low cost.  
Thursday 10:00 a.m. – 2:00 p.m.*

**St. Andrews Thrift Shop**

1100B 1<sup>st</sup> Avenue  
Rock Falls, IL 61071  
PH: (815)622-9181

*Provides clothing and household items at low prices.  
Monday – Friday 8:00 a.m. – 3:00 p.m.; Saturday 9:00 a.m. – 1:00 p.m.*

**The Caring Center**

210 1<sup>st</sup> Avenue  
Sterling, IL 61081  
PH: (815)499-4953

*Provides free clothing and household items to those in need.  
Twice per month, photo ID is required. 20 item limit.  
Monday and Wednesday, 10:00 a.m. – 3:00 p.m.*

**Salvation Army**

409 Avenue F  
Sterling, IL 61081  
PH: (815)625-1622

[www.centralusa.salvationarmy.org/sterling](http://www.centralusa.salvationarmy.org/sterling)

*Offers emergency financial assistance, food and nutrition programs, seasonal services and case management.*

**St. Vincent DePaul Society**

7 W. 6<sup>th</sup> Street  
Sterling, IL 61081  
PH: (815)625-0311

[www.svdpsaukvalley.org](http://www.svdpsaukvalley.org)

*Offers food, financial assistance, and other necessities a family might need.*

**Abiding Word Christian Center Food Pantry**

806 E. Lynn Blvd.  
Sterling, IL 61081  
PH: 815/626-1827

<http://www.abidingwordchurch.org/>

*Provide a week’s worth of groceries to those who register and attend one weekend service.*

**CHILD CARE**

**4C’s Community Coordinated Child Care**

155 N. 3<sup>rd</sup> Street, Suite 300  
DeKalb, IL 60115  
PH: (815)848-8727

[www.four-c.org](http://www.four-c.org)

*Assists families and child care providers with the following services: child care financial assistance, resource and referral for child care, parent and provider professional development, child care food program, family support, nursing, social work, mental health, quality and infant toddler specialists.*

**Jump Start Child Care Center**

729 W. Route 30  
Rock Falls, IL 61071  
PH: (815)626-5867

*Child care for children 6 weeks to 6 years of age.*

**Morrison Community Day Care**

100 E. Lincolnway  
Morrison, IL 61270  
PH: (815)772-3707  
[www.morrisondaycare.org](http://www.morrisondaycare.org)

*Day care for children 6 weeks to 5 years old.*

**Sterling/Rock Falls Child Care Center**

1840 E. LeFevre  
Sterling, IL 61081  
PH: (815)626-7397

*Provides first and second shift child care, preschool program.*

**Riverdale Preschool**

Rock Falls District #13  
3505 Prophetstown Road  
Rock Falls, IL 61071  
PH: (815)625-5280  
[www.rfsd13.org/index.php/schools/riverdale-preschool](http://www.rfsd13.org/index.php/schools/riverdale-preschool)

*Preschool programs for 3-5 year-old children. Morning Classes 8:20 a.m. – 10:50 a.m.; Afternoon Classes 12:05 – 2:35 p.m.*

**The Early Years Academy**

508 French Creek Rd.  
Morrison, IL 61270  
PH: (815)772-2017  
<https://earlyyearsacademy.org/index.php/about-us/>

*Provides first and second shift child care, preschool program.*

## DISABILITIES

**Bi-County Special Education Cooperative**

2317 E. Lincolnway, Suite A  
Sterling, IL 61081  
PH: (815)622-0858  
[www.bi-county.org](http://www.bi-county.org)

*Provides a positive, caring educational experience to all students found eligible under the “Individuals with Disabilities Act.”*

**Jack Mabley Development Center**

1120 Washington Avenue  
Dixon, IL 61021  
PH: (815)288-8300

*Residential facility for individuals with developmental and sensory disabilities.*

**Illinois Department of Human Services – Office of Rehabilitation Services (ORS)**

2607 Woodlawn Road, Suite 1  
Sterling, IL 61081  
PH: (815)625-8885  
[www.dhs.state.il.us](http://www.dhs.state.il.us)

*Works in partnership with people with disabilities and their families to assist them in making informed choices to achieve full community participation through employment, education, and independent living opportunities.*

**Northwestern Illinois Association Hearing Clinic**

2002 E. 5<sup>th</sup> Street  
Sterling, IL 61081  
PH: (815)625-7931  
[www.thenia.org](http://www.thenia.org)

*Serves children with special needs, ages birth-21 years in the ten northwestern counties in Illinois: Boone, Carroll, DeKalb, Jo Daviess, Kane, Lee, Ogle, Stephenson, Whiteside, and Winnebago.*

### **Northwestern Illinois Center for Independent Living**

#### **(NICIL)**

412 Locust Street  
Sterling, IL 61081  
PH: (815)625-7860

[www.nicil.org](http://www.nicil.org)

*Serves individuals with disabilities by offering information and referrals, independent living skills training, advocacy and peer support.*

### **Self Help Enterprises**

2300 W. LeFevre Road  
Sterling, IL 61081  
PH: (815)626-3115

*Provides programs and services for individuals with disabilities. Monday – Friday 8:00 a.m. – 4:00 p.m.*

## **EDUCATION**

### **Adult Education and GED Program**

Sauk Valley Community College

173 IL Route 2

Dixon, IL 61021

PH: (815)835-6310

<https://www.svcc.edu/community/adult-education/index.html>

### **Parents As Teachers**

1001 W. 23<sup>rd</sup> Street

Sterling, IL 61081

PH: (815)625-1495

[www.whitesideroe.org](http://www.whitesideroe.org)

*Home based parent education and family support program for families with children ages birth to 3.*

### **Whiteside Area Career Center**

1608 5<sup>th</sup> Avenue

Sterling, IL 61081

PH: (815)626-5810

<http://wacc.cc/index.html>

*Provides all students with employable skills, academic opportunities and specialized training that will maximize their future potential.*

### **Healthy Families Illinois**

2611 Woodlawn Road

Sterling, IL 61081

PH: (815)625-0013

[www.sinnissippi.org](http://www.sinnissippi.org)

*Program to support new parents and their children get off to a healthy start.*

### **Project V.I.T.A.L.**

Sauk Valley Community College

173 IL Route 2

Dixon, IL 61021

PH: (815)835-6310

[www.svcc.edu/community/adult-education/vital](http://www.svcc.edu/community/adult-education/vital)

*Tutoring program for students and adults over 17 years of age who want to improve their reading skills, improve their English language speaking skills, or obtain citizenship.*

### **Whiteside County Family Literacy Partnership**

Whiteside County Regional Office of Education

1001 W. 23<sup>rd</sup> Street

Sterling, IL 61081

PH: (815)625-1495

[www.roe47.org](http://www.roe47.org)

*Offers educational opportunities to families through the integration of early childhood education, adult education, and parenting education for children, ages 0-5.*

## EMERGENCY ASSISTANCE

### **American Red Cross**

[www.redcross.org](http://www.redcross.org)

*Disaster assistance with housing, food, and clothing.*

### **Dixon PADS Homeless Shelter**

805 W. 1<sup>st</sup> Street

Dixon, IL 61021

PH: (815)288-6818

203 W. Everett Street

Dixon, IL 61021

*Open 24/7, 365 days per year. Provides emergency shelter, clothing, food, and daily needs for residents.*

### **YWCA of the Sauk Valley**

HOTLINE: (815)626-7277

HOTLINE: (815)288-1011

*Assists survivors of domestic violence by offering comprehensive services: 24-hour hotline, legal and medical advocacy, shelter, counseling, support groups, and children's services.*

### **BEST, Inc.**

2323 E. Lincolnway

Sterling, IL 61081

PH: (815)625-9648

[www.best-inc.org](http://www.best-inc.org)

*Provides funding for education in order to find employment.*

### **Department of Children and Family Services**

2607 Woodlawn Road, Suite 3

Sterling, IL 61081

PH: (815)625-7594

HOTLINE: (800)252-2873

[www.state.il.us/dcfs](http://www.state.il.us/dcfs)

*Protects against child abuse and neglect.*

### **Twin Cities PADS Homeless Shelter**

111 E. 29<sup>th</sup> Street

Sterling, IL 61081

PH: (815)626-2210

[www.tcpads.org](http://www.tcpads.org)

*Emergency shelter offers housing, dinner, hot showers and breakfast. Open 7:00 p.m. – 7:00 a.m., October 1<sup>st</sup> through April 30<sup>th</sup>.*

### **Yeshua's Grace Ministries**

507 W. 3rd Street

Sterling, IL 61081

PH: (815)622-8463

<https://www.yeshuasgrace.com/safe-haven>

*Woman and children's shelter*

## EMPLOYMENT

### **Illinois Department of Employment Security (IDEA)**

2323 E. Lincolnway

Sterling, IL 61081

PH: (815)625-2313

[www.ides.illinois.gov](http://www.ides.illinois.gov)

*Provides temporary income for individuals who lost their jobs through no fault of their own.*

### **Manpower**

2401 E. Lincolnway

Sterling, IL 61081

PH: (815)622-2814

[www.manpower.com](http://www.manpower.com)

*Provides career opportunities by helping people develop their careers through planning, work, coaching, and training.*

### **Sedona Staffing**

1515 A W. Route 30

Rock Falls, IL 61071

PH: (815)716-8901

[www.sedonagroup.com](http://www.sedonagroup.com)

*Provides job placement: industrial, administrative, temp to hire, direct hire.*

## **FOOD**

### **Abiding Word Christian Center**

806 E. Lynn Blvd.

Sterling, IL 61081

PH: (815)626-1827

[www.abidingwordchurch.org](http://www.abidingwordchurch.org)

*Provides a weeks' worth of groceries to those who register and attend one weekend service.*

### **Erie Food Pantry**

9107 Moline Road

Erie, IL 61250

PH: (309)659-2565

*Eligible once every month, must be a resident of Erie. 3<sup>rd</sup> Friday of the month, 9:00 – 10:00 a.m.*

### **First Christian Church**

506 5<sup>th</sup> Avenue

Rock Falls, IL 61071

PH: (815)626-2271

[www.fccrockfalls.blogspot.com](http://www.fccrockfalls.blogspot.com)

*Monday 10:30 a.m. – 1:00 p.m. and Friday 9:00 – 11:30 a.m.*

### **FISH Food Pantry**

902 E. 5<sup>th</sup> Street

Sterling, IL 61081

PH: (815)626-1734

*Provides groceries every three months. Monday-Friday 9:00 – 11:00 a.m. Must call before you go.*

### **Helping Hands**

First Church of Nazarene

1208 E. 4<sup>th</sup> Street

Sterling, IL 61081

PH: (815)625-1146

[www.sterlingnaz.com/ministries/helping-hands](http://www.sterlingnaz.com/ministries/helping-hands)

*Tuesday 9:30 a.m. – 12:00 p.m.; Thursday 9:30 a.m. – 12:30 p.m.*

### **Morrison Food Pantry**

United Methodist Church

200 W. Lincolnway

Morrison, IL 61270

PH: (815)772-4030

[www.morrisonfoodpantry.org](http://www.morrisonfoodpantry.org)

*Eligible once every month. Must be a resident of Morrison. Thursday 8:30 – 9:30 a.m.*

**Prophetstown/Lyndon Food Pantry**

American Legion Hall  
218 Washington Street  
Prophetstown, IL 61277  
PH: (815)537-2555

*Eligible once every month, must live in Lyndon or Prophetstown. One basket per month. Tuesday 9:00 – 11:00 a.m.*

**Tampico Food Pantry**

Community Building  
106 Market Street  
Tampico, IL 61283

*Eligible once every month. Must have proof of a 30-day income for initial registration. Serves Tampico, Deer Grove, and Yorktown. 1<sup>st</sup> Tuesday of the month 5:00 – 5:30 p.m.*

**Rock River Christian Center**

1800 Prophetstown Road  
Rock Falls, IL 61071  
PH: (815)625-4371

*Eligible once every three months; must have ID for all household members. Call first. Friday 1:00 – 4:00 p.m.*

**Trinity United Methodist Church**

205 E. 10<sup>th</sup> Street  
Sterling, IL 61081  
PH: (815)626-7777

*Tuesday, Wednesday, Thursday, 9:00 – 11:30 a.m. Need voucher/referral from Good Neighbor Emergency Center.*

**HEALTH**

**All Star Dental**

1261 N. Lake Street  
Aurora, IL 60506  
PH: (630)801-0002  
[www.allstardentalclinic.org](http://www.allstardentalclinic.org)

*Accepts Medicaid and most dental insurance coverage.*

**Dental Dreams**

6215 E. State Street  
Rockford, IL 61108  
PH: (815)399-7777  
[www.dentaldreams.com](http://www.dentaldreams.com)

*Accepts Medicaid and all other forms of dental insurance. Offers evening and weekend hours to accommodate a busy family’s schedule and family-friendly office setting to put children at ease.*

**CGH Ready Care Clinic**

15 W. 3<sup>rd</sup> Street – Lower Level  
Sterling, IL 61081  
PH: (855)460-2273  
[www.cghmc.com](http://www.cghmc.com)

*Appointments are appreciated, but not required. Monday-Friday 8:30 a.m. – 5:30 p.m. Saturday-Sunday 9:00 a.m. – 1:30 pm.*

**Malcolm Pediatric Dentistry**

163 Cadillac Court, Suite 3  
Belvidere, IL 61008  
PH: (815)544-0909  
[www.mpd4kids.com](http://www.mpd4kids.com)

*Accepts and works with most insurance companies. Monday-Thursday 7:30 a.m. – 4:30 p.m.*

**Morrison Family Health Clinic**

303 N. Jackson Street  
Morrison, IL 61270  
PH: (815)772-5511

<https://www.morrisonhospital.com/clinic/family-care-clinic/>

*Accepts most insurance including Medicaid and Medicare. Walk-ins welcome, appointment appreciated. Open seven days a week, 8:00 a.m. – 6:00 p.m.*

**Whiteside County Health Department**

1300 W. 2<sup>nd</sup> Street  
Rock Falls, IL 61071  
PH: (815)626-2230

[www.whitesidehealth.org](http://www.whitesidehealth.org)

*Offers medical, dental clinic, behavioral health, family planning, immunizations and WIC. Accepts medical insurance, Medicaid, and self-pay.*

**HOUSING**

**Crown Hill Estates**

1101 W. 24<sup>th</sup> Street, Suite 100  
Rock Falls, IL 61071  
PH: (815)626-5043

*Low-income housing.*

**Sterling Townhomes**

2105 Freeport Road  
Sterling, IL 61081  
PH: (815)626-5043

*Low-income housing*

**Whiteside County Housing Authority**

401 W. 18<sup>th</sup> Street  
Rock Falls, IL 61071  
PH: (815)625-0581

[www.wcophya.org](http://www.wcophya.org)

*Low-income housing*

**LEGAL SERVICES**

**Prairie State Legal Services**

1600 4<sup>th</sup> Avenue, Suite 200  
Rock Island, IL 61201  
PH: (309)794-1328

[www.pslegal.org](http://www.pslegal.org)

*Proves legal services that impact the ability of clients to meet their basic needs; physical safety, access to health care, adequate housing, and similar needs.*

**Whiteside County State’s Attorney**

200 E. Knox Street  
Morrison, IL 61270  
PH: (815)772-5194

PH: (815)535-4540

EMAIL: [statesattorney@whiteside.org](mailto:statesattorney@whiteside.org)

## MENTAL HEALTH

### **Sinnissippi Centers**

2611 Woodlawn Road  
Sterling, IL 61081  
PH: (815)625-0013  
HOTLINE: (800)242-7642  
[www.sinnissippi.com](http://www.sinnissippi.com)

*Offers assessment and crisis services, child, adolescent and adult services.*

### **Pathways Counseling Services**

208 E. 4<sup>th</sup> Street  
Sterling, IL 61081  
PH: (815)564-2740  
[www.pathwayscounselingservices.net](http://www.pathwayscounselingservices.net)

### **Lutheran Social Services (LSSI)**

1901 1<sup>st</sup> Avenue  
Sterling, IL 61081  
PH: (815)626-7333  
[www.lssi.org](http://www.lssi.org)

*Counseling, mental health, and substance abuse services.*

### **Whiteside County Behavioral Health Clinic**

1300 W. 2<sup>nd</sup> Street  
Rock Falls, IL 61071  
PH: (815)626-2230

*Provides support services to persons experiencing problems related to emotional and mental illness, or drug and alcohol addiction.*

## RESOURCES

### **Big Brothers/Big Sisters**

506 W. 4<sup>th</sup> Street, Suite 27  
Sterling, IL 61081  
PH: (815)716-8987  
[www.bbbsmv.org](http://www.bbbsmv.org)

*Provides one-on-one mentoring relationships that are professional supported to help change the lives of a child for the better, forever.*

### **Odell Public Library**

307 S. Madison Street  
Morrison, IL 61270  
PH: (815)772-7323  
[www.odellpubliclibrary.com](http://www.odellpubliclibrary.com)

### **Sterling Public Library**

102 W. 3<sup>rd</sup> Street  
Sterling, IL 61081  
PH: (815)626-1370  
[www.sterlingpubliclibrary.org](http://www.sterlingpubliclibrary.org)

### **Henry C. Adams Memorial Library**

209 W. 3<sup>rd</sup> Street  
Prophetstown, IL 61277  
PH: (815)537-5462  
[www.prophetstownlibrary.com](http://www.prophetstownlibrary.com)

### **Rock Falls Public Library**

1007 7<sup>th</sup> Avenue  
Rock Falls, IL 61071  
PH: (815)626-3858  
[www.rockfallslibrary.com](http://www.rockfallslibrary.com)

### **United Way of Whiteside County**

502 1<sup>st</sup> Avenue  
Sterling, IL 61081  
PH: (815)625-7973  
[www.uwwhitesidecounty.org](http://www.uwwhitesidecounty.org)

## SENIOR OUTREACH

### Greenview Estates

701 Melody Court  
Morrison, IL 61270  
PH: (815)626-5043

*Housing for seniors 62 years or older*

### Whiteside County Senior Center

1207 W. 9<sup>th</sup> Street  
Sterling, IL 61081  
PH: (815)622-9230

[www.wc-seniorcenter.org](http://www.wc-seniorcenter.org)

*Provides programs that advocate opportunities for ages 60 and over to create a higher quality of life, free amplified phones for hearing impaired, Bingo/Euchre, outreach, Medicare information, trips to anyone.*

## SUBSTANCE ABUSE

### Recovery Zone

707 1<sup>st</sup> Avenue, Suite A  
Rock Falls, IL 61071  
PH: (815)626-2800

*Substance abuse treatment – outpatient programs for DUI/DWI offenders.*

## TOWNSHIPS/CITY OFFICIALS

### Coloma Township

1200 Prophetstown Road  
Rock Falls, IL 61071  
PH: (815)625-5981

### Sterling Township

108 4<sup>th</sup> Avenue  
Sterling, IL 61081  
PH: (815)625-3990, ext. 101

[www.sterlingtownship.com](http://www.sterlingtownship.com)

*Provides emergency and general assistance based off of income and family size.*

## TRANSPORTATION

### Whiteside County Public Transportation

1207 W. 9<sup>th</sup> Street  
Sterling, IL 61081  
PH: (815)625-7433  
[www.ridewcpt.net](http://www.ridewcpt.net)

## VETERAN'S ASSISTANCE

### **Shelves of Hope**

Trinity United Methodist Church  
205 E. 10<sup>th</sup> Street  
Sterling, IL 61081  
PH: (815)626-7777

*Provides household cleaning supplies, small furniture, bedding, etc. to veteran's.*

### **Whiteside County Veteran's Assistance Office**

2319 E. Lincolnway  
Sterling, IL 61081  
PH: (815)626-2468

*Assist veterans, servicemen, their dependents and survivors in obtaining any benefits or advantages due to such person under the law of the United States, the State of Illinois, or any other state or governmental agency by reason of the veteran's military service.*

## YOUTH

### **Blackhawk Area Council Boy Scouts**

Tumilowicz Center for Boy Scouts and Girl Scouts  
2820 McFarland Road  
Rockford, IL 61107  
PH: (815)397-0210  
[www.blackhawkscouting.org](http://www.blackhawkscouting.org)

### **Girl Scouts of Northern Illinois**

229 1<sup>st</sup> Avenue, Suite 1  
Rock Falls, IL 61071  
PH: (844)GSNI-4-ME  
[www.girlscoutsni.org](http://www.girlscoutsni.org)

### **Sterling/Rock Falls YMCA**

2505 YMCA Way  
Sterling, IL 61081  
PH: (815)535-9622  
[www.srfymca.org](http://www.srfymca.org)

### **Woodlawn Arts Academy**

3807 Woodlawn Road  
Sterling, IL 61081  
PH: (815)626-4278  
[www.woodlawnartsacademy.com](http://www.woodlawnartsacademy.com)

### **Coloma Park District**

508 E. 11<sup>th</sup> Street  
Rock Falls, IL 61071  
PH: (815)625-0272  
[www.colomatownshipparkdistrict.com](http://www.colomatownshipparkdistrict.com)

### **Sterling Park District**

1913 3<sup>rd</sup> Avenue  
Sterling, IL 61081  
PH: (815)622-6200  
[www.sterlingparks.org](http://www.sterlingparks.org)

### **Sterling Township Center for Youth**

312 W. 4<sup>th</sup> Street  
Sterling, IL 61081  
PH: (815)716-8665  
[www.sterlingtownship.com](http://www.sterlingtownship.com)

### **University of Illinois Extension Office**

12923 Lawrence Road  
Sterling, IL 61081  
PH: (815)632-3611  
[www.web.extension.illinois.edu/clw](http://www.web.extension.illinois.edu/clw)