

## Friday, January 22<sup>nd</sup>

- Lunch Today is: French Toast Sticks, Sausage, Sweet Potato Puffs, and Fruit OR Pizza
- Breakfast on Monday is: Breakfast Pizza, Fruit, Juice, and Milk
- Lunch on Monday is: Cheese Burger, Salad, French Fries, Green Beans, and Fruit
- Today is National Blonde Brownie Day
- Any students interested in potentially wrestling this year, please reach out to Coach Grant as soon as possible! We are trying to get a sense of numbers for this year's squad.
- There is a blood drive being hosted at Triple Play on Saturday, January 30<sup>th</sup>. Please see the flyer by the office for more information. You may donate at 16 years of age with a parental consent form, which can be picked up in the office.
- Next week is the **#SteamerStrong Great Kindness Challenge**. The high school will be participating in the following dress up days:  
Monday: "We all have the power to be kind" - wear a superhero shirt  
Tuesday: "Let your inner kindness shine" - wear neon  
Wednesday: "Team up and be kind" - wear your favorite sports team attire  
Thursday: "Don't Hide from Kindness" - wear camo  
Friday: "Just be Kind" - Wear yellow or a shirt for suicide prevention