

River Bend CUSD #2 September Breakfast Menu | 2022

Monday	Tuesday	Wednesday	Thursday	Friday	
Fat free and 1% milk offered daily. Menu is subject to change due to availability of product!			1	1	2
			Biscuit and Gravy	Yogurt Granola Parfait	Glazed Cinnamon Roll
			Sausage	Fruit	Fruit
			Fruit	Juice	Juice
			Juice	Milk	Milk
		Milk			
5		6	7	8	9
NO SCHOOL LABOR DAY	Waffles	Cereal	Breakfast Pizza	WG Pancakes W/Syrup	
	Fruit	Toast	Fruit	Fruit	
	Juice	Fruit	Juice	Juice	
	Milk	Juice	Milk	Milk	
		Milk			
12		13	14	15	16
Breakfast Pizza	Donuts	Eggs and sausage	Toast	French Toast sticks	
Fruit	Fruit	Fruit	Fruit	Fruit	
Juice	Juice	Juice	Juice	Juice	
Milk	Milk	Milk	Milk	Milk	
19		20	21	22	23
Donuts	Bagels and cream cheese	Cereal	French Toast Sticks	Breakfast burrito	
Fruit	Fruit	toast	Fruit	Fruit	
Juice	Juice	Fruit	Juice	Juice	
milk	Milk	Juice	Milk	Milk	
		Milk			
26		27	28	29	30
Biscuits and gravy	Donuts	Breakfast Pizza	Scrambled eggs	Biscuit and Gravy	
Sausage	Fruit	Fruit	Toast	Sausage	
Fruit	Juice	Juice	Bacon	Fruit	
Juice	Milk	Milk	Juice	Juice	
milk			milk	Milk	

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Fat free and 1% milk offered daily. Menu is subject to change due to availability of product!			1 Chicken and Noodles Carrots Fruit Brownie	2 Sausage/egg/cheese/bun Hashbrown Celery with peanut butter Juice
5 LABOR DAY NO SCHOOL	6 Tacos Refried Beans Salad cheese Fruit	7 Meatball Sub w/marinara sauce Tossed Salad w/ Romaine Fruit	8 Bosco Sticks Marinara Salad Fresh Broccoli Fruit	9 Omelet Little Smokies Sweet potato puffs Muffins Juice
12 Cheeseburger on bun Green beans French Fries Fruit	13 Walking Tacos Refried Beans Lettuce/Cheese Salsa Fruit	14 Chicken Nuggets French Fries Roll Corn Fruit **EARLY OUT**	15 spaghetti Bread Stick Tossed Salad Fruit cake	16 Mini Pancakes Sausage Potato Puffs Fruit
19 Pizza Bread Stick Tossed Salad w/ Romaine Green beans Fruit	20 Beef Nachos Lettuce/Cheese Refried Beans Salsa Fruit	21 Hot Dog Chips Corn Fruit Cookie	22 Ham and Cheese sub Chips Celery/carrots Fruit Cookie	23 French Toast Sticks Sausage Sweet potato puffs Fruit
26 Grilled chicken on bun French fries Salad Corn Fruit	27 Tater Tot Casserole Lettuce with cheese Green Beans Fruit	28 Cook choice **EARLY OUT**	29 Chicken Alfredo Carrots Salad Fruit WG roll	30 French Bread Pizza Raw Veggies Tossed Salad w/ Romaine Fruit